

# SILVERSTONE

## NEWS & VIEWS

ISSUE 230 – AUGUST 2017

### Dear, Dear Ed.....

It is with great sadness, that we print this edition without Peter Byng at the helm. After a long and bravely fought battle with cancer, he finally went to walk with his God in June. There are wonderful tributes to him elsewhere in this edition from his friends in the village. To those that knew him, he will be greatly missed.

Losing Peter means we have also lost an invaluable source of local news and opinion. He contributed so much more than many realise through his participation in various community groups. He strongly believed that everyone in the community should have a voice and that this should be heard in a way that is accessible to all.

Pat, Phil, Rosanne and I will continue where Peter left off and ensure that this newsletter, that Peter was so passionate about, continues to grow and develop.

We have made every attempt to contact as many people as possible, through as many means as possible, to ensure that items were sent to us for inclusion in this edition. Thank you to those that have passed the word on along the line to those we were unable to reach.

Peter wanted this newsletter to be **your** voice, **your** opinion, **your** news in **your** community. Keep sending news of village events, club and group news, family notices, opinions, articles, historical pieces etc. through to us so we are able to produce a lively, informative newsletter that Peter would be proud of.

Thank you  
AR

## Farewell to Peter

*Nick Ashby summed up so many people's thoughts and feelings when he wrote this piece for the Village Facebook page. It with his permission, that we reproduce a slightly edited version for this edition.*

Those in the village who knew him well, watched over him and supported him as he fought courageously against cancer. A battle that, in the end, he knew he was going to lose but he was determined he would do so on his terms and with dignity.

Most will know him as the editor of the News and Views, a platform he skilfully used to ensure that the village knew what was really happening that could affect the community. Some will know him for his work as a parish councillor and one-time chairman of the Parish Council. His work here was both tireless and invaluable to the village. For the most this went unnoticed but there was, however, one piece of work that you could not help but notice which involved a very bright orange jacket, a speed detection gun and early morning walks with Patch his long time canine companion.

Many will know him for his work in the Church as a lay minister and indeed, he may have presided over your family events. I, for one, was always pleased to hear him lead the Remembrance Sunday ceremony at the village war memorial.

There are those of us who will remember him as a true and trusted friend whose advice was always insightful and considered. Very rarely would Peter give you his opinion. If you asked him for advice there would be a pause and a thoughtful look and then he would give you both sides of the argument and usually end with something like, "I cannot tell you what to do, that is for you to decide in your own time".

People in the village talk of having the Silson Spirit and I have defined that elsewhere as:

***"You have Silson Spirit when you do something for a member of the Silverstone Community or for the Community as a whole and all you wish for in return, is their respect".***

In my view Peter was the epitome of Silson Spirit.

Friend or adversary (and over some people's lives he has been both), most, if not all, will remember him as a dignified gentleman with sound morals and principles that you could not help but respect and admire.

## Thanks

Peter's family wanted me to express their heartfelt thanks for the excellent turn out at his funeral. They were delighted and touched that so many people took time out of their day to give him the send off he had so meticulously planned; even down to ensuring those at his wake were able to experience the delight of his favourite trifle.

AR

## **WHAT CAN I TELL YOU ABOUT PETER BYNG?**

(A tribute from the Parish Clerk)

You are probably saying 'Not very much'. You may well be right and I am sorry that for very personal reasons I didn't go to Peter's funeral and memorial service.

I first met Peter 18 years ago when I took over the role of Parish Clerk from John Hughes. At first I found Peter a bit 'pedantic' especially when it came to spelling punctuation and the every problematic apostrophe - I never seemed to know whether it was 'its' or 'it's' and as for spelling 'Phygtle' (sic) there really was no hope...still struggle with that one!

Peter soon put be right and was always the Councillor who read the Draft Minutes and picked up every little slip; to my still pertinent comment, "When they are totally right you will know that I haven't done them!" Something I still say on regular occasions but which indicates that we are all human.

Peter was a lovely man and I am grateful to have called him a friend. I will miss out chats about the differences between the Church of England and the Methodist Church which were a regular event in later years and will definitely miss his 'mistake spotter role' but then I fully expect him to be standing at the Pearly Gate with St Peter, running his critical but very compassionate, eye above all those waiting to enter.

Life on the Parish Council will go on as it must but will be much the poorer for his empty chair. Rest in peace, Peter and enjoy your well-earned 'retirement'.

Linda

## **Silverbury Success!**

On behalf of the Rotary Club of Towcester and the Silverbury organising committee, I would like to say a HUGE THANKYOU to everyone who gave up their valuable time to help set up, run and clear up afterwards.

There were also quite a few people who gave up quite a bit of money, goods and services to sponsor the event, for which we are very grateful.

Thanks in particular to Tim & Penny Almond for use of the paddock and David & Carolyn King for use of their facilities on the farm. To Ruth, Mark and Steve; Mark, Paul, Sue and Anne; Phil, Nicky, Nessa; Kate, Richard and Hannah, and others too numerous to mention. Thank you everyone for helping to make this the best Silverbury event so far. The good weather helped, but you made it happen.

And for all of you who came and enjoyed the event, drank the beautiful beer, ate the sumptuous sausages or devoured the plentiful pig, thank you for supporting the event.

Not only were you a great audience, you were generous, considerate and respectful and took away most of your rubbish, making it easy for us to restore the paddock to its original beauty.

We are still working through the final costs and donations but we have raised £4,400. Half of the proceeds will be split between Women for Women (£1,100) and Teenage Cancer Charity (£1,100) both selected by the organizing committee. The other half (£2,200) has already been allocated by the Rotary club to cover half the cost of the greenhouse for the new Silverstone Primary School. Even better, this has been topped up to nearly £4,000 by Rotary matching grant so that a large 20'x10' greenhouse will be erected this summer for the benefit of Silverstone schoolchildren.

Thanks to everyone who contributed. Looking forward to Silverbury 2019 already!

Stuart Buller



## FASHION SHOW

Tuesday 12th September 2017, 7.30PM

Silverstone CE Primary School  
Towcester Road  
Silverstone

### Open to Everyone

Your chance to enjoy an evening of shopping in good company and see the inside our fabulous new school. Rock Those Frocks from Towcester are bringing along their exciting French, Italian and boutique ranges of clothing at affordable prices, (up to about £40)

There will also be a sale rail and accessories to match or compliment your existing outfits.

Lots of opportunities to try before you buy.

### Refreshments and Raffle

### A FUN NIGHT OUT

Tickets £5

May be purchased from Croft Stores  
or message Silverstone Women's Institute on Facebook



## **News from the Circuit**

The 2017 season is well underway here at Silverstone, with the MotoGP just around the corner, as well as many other events taking place every weekend throughout August and the coming months. We hope you will find the time to come and visit us for one of our several different meetings this season.

The 2017 Octo British Grand Prix MotoGP moves to the August Bank Holiday weekend (25-27<sup>th</sup>) this year, and with three full days of entertainment on and off the track, it's going to be a weekend not to be missed. We do however appreciate that this event can be disruptive, and we will have specific traffic information coming out shortly, to make planning your journeys a little easier.

We also have the 2017 MCE Insurance British Superbike Championship happening on 8<sup>th</sup>-10<sup>th</sup> September, and if you haven't already witnessed this explosive event, you really should! If bikes aren't your thing, the following weekend we have the 2017 Dunlop MSA British Touring Car Championship on 16<sup>th</sup>-17<sup>th</sup> September, for the penultimate round of the season.

We hope you can come and join us here at Silverstone, and look forward to welcoming you in the near future.

## **Wanted!**

Budding amateur photographers for future editions of News & Views.

This is what we need:

- Local, seasonal photos (News & Views is published in February, April, June, August, October and December)
- Images to reflect the "Silson Spirit"
- Local buildings, people, events, celebrations and commemorations
- Also, one off volunteer to take some photos when I interview the October headliner (appointment 11<sup>th</sup> September am)

Camera Club or lone ranger, all are welcome. Images in JPEG please. Please ensure you have the landowner's/individual's permission to publish and you include your name, the location, the event (if relevant) and the names of any individuals (L to R)/clubs included. Contact [annie.rickard@yahoo.co.uk](mailto:annie.rickard@yahoo.co.uk) for more information or send them straight over for consideration!

This is a community newsletter run entirely by volunteers who receive no payment for their services. Photographic contributions to News & Views will also be on this basis.

## **A trip down Memory Lane – Scotland to Silverstone**

Just over one year ago, Peter Byng heard me tell the following story. He asked me to write it down for News and Views and I fully intended to do so. However, you all know that feeling, I'm sure, when things get in the way and that task gets pushed down the list until it disappears into a black hole?

Events of this year have made me review what is important and caused me to remember, albeit too late, that it is important to do things in a more timely fashion.

In 1979, my husband found himself offered a new career challenge by taking up a new post in Buckingham. We spent the late summer holiday in our caravan investigating the delights of housing in North Bucks and South Northants and finally settled on a house in Silverstone. We knew of its association with the Motor racing world and some people warned us about the issues we might face if we moved to the village. However, we were optimistic that if we entered into the spirit of the motor racing scene, all would be well. And, I'll say from the outset, we have never regretted our move!

When we returned from our holiday, having chosen our new home, I was keen to tell my teaching colleagues all about it. The Deputy Head who taught in the neighbouring classroom and whom I had known since 1971, looked at me with some degree of surprise when I announced I was moving to Silverstone. Unknown to me, she had a connection with this village from way back – never explored in any of our many conversations.

During the Second World War, she and her husband had lived in this village – what a small world. Peter was a test pilot and officer who was stationed at the original Silverstone Air field. He and Eila, his wife and my friend, lived in Rookery Cottage at Puddledock. Eila went on to reveal that the cottage had no running water and, perhaps you remember the water pump which stood alongside the cottage, the only means of getting fresh water! We can't really imagine this today when we go to the tap and, with a swift turn of our wrist, fresh, clean water pours into our sinks, showers and baths.

So, there was the fairly newly married couple, looking for a means to stay fresh and clean. And what happened? Eila recalled a visit to the then Old Post Office (the house next to where the White Horse Pub is today). On the counter and organised by the post mistress Miss Ledger, was a little dish. On enquiring, it transpired that for a few pennies in the dish, Miss Ledger would provide a bar of soap and a towel AND access to hot, running water in her bathroom. Oh, the comfort and luxury! No filling buckets at the pump and no cold bathing! She went on to describe the picture perfect cottage which, I suspect, in appearance hasn't really changed too much since those days.

Our house move took some five months; the trials of buying in England. We duly moved in during one of the worst winters in 1980. It snowed in Scotland as we packed up and was still snowing in Silverstone after the trip south which took our worldly goods five days.

I pass Rookery Cottage often; visiting friends, taking the grandchildren to play at the SRA or just travelling down Church Street on our way near and far.

And how did this story come to light? Well, my husband and I had taken part in the Moveable Feast organised by Carolyn Lovell on behalf of St Michael's Church and we found ourselves eating delicious desserts in...The Old Post Office. We imagined what it must have

been like all those years ago and told Peter and Mea Potter (the current resident) the story which linked our family to this village.”

So Peter, in your memory, I have retold it. You were a patient and encouraging listener and, without your encouragement, the story may have remained untold and my fascination with coincidences would not continue to be fuelled.

Without Peter there would have been no News and Views and so many stories about our village would not be shared.

Carol Tosh

## **Silverstone Community Café**

The Community Café in June was well attended and raised £146.00 for Meningitis Now - thank you to you all.

In July £162.00 was raised for a new sign and kitchen equipment for the Cafe. The lovely Carina brought along her beautiful handmade Jewellery. Watch the posters for another visit from Carina nearer Christmas.

The Café Volunteers are having a well earned break in August so our next Café will be on **September 14<sup>th</sup>**. We will be open from **10am - 2pm** serving Teas, Coffees, Cakes (including Gluten Free) and Soup and Puddings over lunchtime. All profit will go to the local branch of Multiple Sclerosis who give invaluable support to anyone affected by this debilitating disease. There will also be a stall selling fantastic cakes made by Melanie.

Judith Hodges

## **Silverstone WI**

As an institute in a small village we have been very lucky that our membership has remained fairly steady with between 45-50 members. People come and people go so we have not remained static and have welcomed any new members or visitors, particularly at our June Bring a Buddy evening which saw 5 new ladies coming for a look.

We have a varied programme of speakers for our monthly meetings. This year we have had talks about Towcester Museum, Tai Chi and Mouth Painting. Every August we walk the village footpaths (route to be confirmed for this year) to try and ensure they are kept open for the enjoyment of all.

Our meetings are always on the 2nd Tuesday of the month, usually in the Church Rooms on Stocks Hill. However, in September we will be meeting at the new Silverstone C of E Primary school as we are hosting a fashion show in conjunction with Rock Those Frocks of Towcester. All are welcome to attend the fashion show whether members or not, male or female, young or old. Further details can be found in our advert elsewhere in News and Views. October is our annual meeting and instead of a speaker we will be having a light supper and quiz.

Please feel free to come and see us; you may visit as a guest for 3 meetings before any commitment has to be made.

Helen Rothery

## **Silverstone Gardening Club News**

Silverstone Gardening Club has had another busy year with speakers coming to talk to us on such diverse subjects as attracting wild life to your pond, pelargoniums, climbing plants and garden birds.

In April members raided their gardens to enter the Spring Show held in the Methodist Chapel, resulting in a splendid display of daffodils and tulips to be appreciated whilst consuming coffee and delicious cakes. In May we had our annual plant swap and during the glorious June weather, many members enjoyed a weekend away to Staffordshire to enjoy other peoples gardens both big and small.

Silverstone Gardening Club now has over 160 members, but we always welcome new members so if you would like to join, we meet the last Monday of the month in St Michaels Church Rooms at 7.15pm. Our next meeting will be 25<sup>th</sup> September after the summer break.

Our annual Horticultural Show will be held on Saturday 9<sup>th</sup> September in St. Michael's Church Rooms. This is open to both members and to anyone living and gardening in Silverstone. There are classes for everyone - gardening, domestic, photography and children's classes. Schedules are available at Crofts Stores or from Ruth Reddall - tel. 01327 857938. The schedules give all the information you need along with helpful hints and tips for first timers. I do hope you will have a try or come along anyway. It's a lovely afternoon where you can chat to friends, enjoy refreshments in the tent as well as view the wonderful exhibits and grab a bargain in the auction at the end!

Many of you who may remember former resident of Silverstone, Eddie Tuck might like to know that his wife June has had a bench put in Brickle Park in his memory. It's a lovely place to sit and enjoy this tranquil haven for nature, kept up by a few garden club volunteers.

I look forward to seeing you in September after this glorious, if changeable, summer!

Sue Rudland  
*Chairman Silverstone Gardening Club*

## **Silverstone Pre-School**

Our pre-school spaces are filling up fast so if you would like a place for your child then please get in touch! We are currently not taking on anymore 2 year olds but we are taking from 2 years 6 months onwards.

We are located in heart of the village and are open term time, coinciding with the school terms. We are open Monday to Thursday 9.00am-3.30pm and Friday 9.00am-1.00pm.

We provide a caring and stimulating environment for your children to freely play and learn.

If you think Silverstone Pre-School is ideal for your child then please contact us on 01327 858886 or email us at [silverstone-pre-school@hotmail.co.uk](mailto:silverstone-pre-school@hotmail.co.uk) to arrange to come and have a look around!

## News from St Michael's Church

As in previous years, St Michael's Church has presented Bibles to all pupils leaving Silverstone School for senior schools. This year 24 Bibles for Silverstone have been sourced from 'Lord Wharton's Charity'. The Charity was founded in 1696 by Philip 4<sup>th</sup> Lord Wharton 1613 – 1696. In his Will he left land near York to support a Charity devoted to the distribution of Bibles for use outside of the church or school. Many thousands of Bibles have been distributed and the Trust still distributes Bibles to under 18 year olds. A chance conversation with John Riches of Abthorpe led to Reverend Paul's successful application for Bibles for school leavers throughout the Whittlewood Benefice – Paulerspury, Silverstone and Whittlebury. Lord Wharton was a fascinating man - do 'google' him.

Thanks are given to all who supported recent events raising much needed funds for St. Michael's Church – **The Moveable Feast**, our thanks are given to Carolyn Lovell for organising a wonderful evening. **The Annual Summer Fete**, thanks are expressed to all who helped before and on the day, to the School Choir who sang so beautifully, and to the individuals and village organisations who provided interesting and beautiful displays in the Church. We were delighted to welcome so many at this event. **The Silson Singers Concert** – another most enjoyable occasion on a perfect summer evening.

**'Ride and Stride'** – this is a sponsored cycle ride raising money to save Historic Churches, being held across the Country on Saturday 9<sup>th</sup> September. If you wish to join this event **please contact Peter Coles for all the details.**

**Our Harvest Festival** will be on Sunday 8<sup>th</sup> October and **Autumn Soup Lunches** in the Church Rooms will also commence in October – look for Posters nearer the time.

We warmly welcome you to St. Michael's Church – more details and times of Services can be found on the Church Notice Board near the steps.

### **New Fish & Chip Round (for those that are not aware.....)**

Don't forget that the chip van will be with us every Tuesday from 6.30pm as well as Friday lunchtimes.

Tuesday stops are as follows:

- |                            |                          |
|----------------------------|--------------------------|
| 1. Kingsley Road (4 Stops) | 8. The Slade             |
| 2. Lime Kiln Close         | 9. Acorn Way             |
| 3. Paddock Close           | 10. Murswell Lane        |
| 4. Little London (2 Stops) | 11. Graham Hill          |
| 5. West End (2 Stops)      | 12. Stewart Drive        |
| 6. Monkswood               | 13. Cattle End (2 Stops) |
| 7. Whittlebury Road        |                          |

If you would like to go and find the van you can always give them a call on 07398 247369 to find out their exact location. If you are elderly or disabled please feel free to contact them and place an order and they can deliver to you.

# TUTT TUTT PUP SITTING SERVICE



## GIVE YOUR PET A WOOFING GOOD TIME!

One-on-one pet sitting and dog walking service to cater for your four legged family member

Based in Silverstone.

Dog Walking: £7 (30 mins), £9 (45 mins), £11 (1 hour)

Pet pop-ins: £7 (30 mins) to feed, water, let out, play

Dog Sitting: half day £7.50, full day £15.00

Overnight £20.00

Call Sophie Purr on 07739916145

or find me on Facebook

@tuttuttpup

For a good number of years now, the editor of this Silverstone Village publication, that is so wonderful shared, free of charge, with every household in this village, was Mr Peter Byng.

Peter had a magnificent sense of community, a big view of community and he did so much in his own way to support the wellbeing of others through his own quiet and calm manner.

As you will all know by now, Peter had been suffering with cancer for a number of years, had received treatment for the cancer, however, it was inevitable that this treatment would not stop the cancer forever and so it was that earlier in June, after a few months of becoming very tired and very ill, Peter succumbed to the illness and died.

I have been asked to write a little piece for the News and Views about Peter and I think that this ought to be in the form of a tribute, a celebration of Peter and the life that he lived.

I know Peter as a minister in the Church, for this was an important part of who Peter was; a member and minister for God. He believed in the Resurrection and shared this hope with others as he kindly and compassionately helped the bereaved through to a Funeral Service and beyond. This hope in God was evident in the way he took services for our Church communities, both in Silverstone but also further afield, in the Whittlewood Benefice and indeed, in other places too. Peter's approach was to carefully prepare, to try to put in something that would help others and to draw all into the worship of God. However, Peter's Church life was but a part of the man.

He had been interested in sport, especially Hockey. He had played for a while, but he moved over to being an Umpire and then on to assessing and organising Hockey Umpires. In this was Peter's hope for fair play within a set of rules and ensuring that all who were taking part were able to enjoy and get the most out of their participation.

Peter also had been involved in public service, both in employment and in the giving of time. He had a political life, driven on by his sense of community. He was heavily involved in the Conservative party [a point that we did not see eye to eye on], becoming chairman of the local party association.

To show the simple and effective way by which Peter looked to make people's lives better, we need look at an action he took just this past year. The pathway between Silverstone and West End was becoming rather unpleasant after the cattle gathered on the pathway, so Peter placed a broom and shovel here to let people simply clear the pathway. Simple, straightforward and effective. That was Peter's approach.

There was so much more that Peter got on with, quietly, effectively. He touched many people's lives, indeed, I suspect he had an effect on more people's lives than they realise. Peter will be missed, indeed, already he is being missed. We will no longer see him around; hear his words of wisdom, or indeed his Tenor voice in church. His deserts with a little touch of booze will no longer grace a table.

And of course, this publication is now going to be edited by other people now that Peter has left us to go on to the fulfilment of the hope that he had, in the Kingdom of Heaven.

Farewell Peter Malcolm Byng, Rest In Peace.

Reverend Paul McLeod,  
Rector  
St Michael's Church, Silverstone

## COMMUNITY SPEED WATCH 2017 ANALYSIS

Data collected during the Speed Watch sessions between 27<sup>th</sup> March and 28<sup>th</sup> April has been analysed by the Police Safer Roads Team. A total of 482 Police warning letters have sent out to the registered keepers of vehicles that were detected travelling at more than 35mph along the A413 Towcester/Brackley Roads.

It is worth mentioning that in the period 14<sup>th</sup> - 21<sup>st</sup> March, prior to the commencement of the Speed Watch program in the village, the Police collected data of vehicle movements along the A413 by means of equipment which was sited between Murswell Lane and Baines Close. During this period 31,054 vehicles were detected, of which 18,290 were travelling faster than 30mph, and 9,268 faster than 35mph.

A check was made on where the offending vehicles detected by Speed Watch are registered. 12% were Silverstone residents, and the number rises to 26% when surrounding villages were included. As suspected, the majority of vehicles detected exceeding the statutory speed limit come from further afield, with many of these probably linked to the circuit and associated businesses and the Bovis housing development.

After the Speed Watch sessions, between 23 May and 29<sup>th</sup> May, the Police again collected vehicle movement data along the A413. Of 26,887 vehicle movements recorded, 15,777 were travelling faster than 30mph, and 8,359 faster than 35mph. Only a slight reduction following Speed Watch but still a reduction.

Drivers seem to have an inherent ability not to learn or take notice of speed limits. Education relating to speed will be an on-going and lengthy process, but hopefully, respecting speed limits will one day be accepted, together with not using mobile 'phones when driving.

The Police accept that there is a major problem of speeding on the A413, and have accordingly already designated a mobile enforcement location within the village. Any vehicle caught speeding will receive an automatic speeding ticket.

It is perceived that one of the problems with speeding on the A413 within the village confines is its length, width, and relatively straight path. Once a vehicle has entered the village, and passed the 30mph signs, there are only the occasional electronic warning signs to remind drivers that they are in a restricted speed zone. The addition of at least two extra 30mph roundels painted on the road surface (in each direction) may be beneficial, and I will ask the Parish Council to take up this issue with NCC Highways.

Anthony Bradshaw - Silverstone Speed Watch Co-ordinator

## Silverstone Neighbourhood Watch

I am not sure if there are more incidents going on or if I am just more aware of them since joining the online alert system (see back page for more info). Either way, there seems to be a plethora of thefts **of** motor vehicles and theft **from** motor vehicles recently as well as daring back garden raids and criminal damage to motor vehicles. Not forgetting, it is prime time for holiday theft.

Just a reminder to protect your property:

1. Put all valuable items out of sight when you leave your vehicle including the mounting systems for sat navs etc.
2. Lock up your vehicles.
3. Do not leave your keys next to the back door or in sight.
4. If you are spending time in your garden, lock your doors and windows.
5. Follow the holiday code by cancelling milk and papers, using timers for lighting and radios.
6. If possible, ask a neighbour to keep an eye on your property.
7. **DO NOT** post photos on social media of your holiday when on holiday!  
Tempting as it may be, it is a green light for burglars.

## Grand Prix

As I write this, the village is preparing for the largest event of the calendar. The shop is buzzing, the pub is packed and there seems to be a really good vibe in the village this year. Whether this is because of the recent news from the Circuit about exercising their break clause in 2019 and we are making the most of it or because they extended the event to the Thursday and the weather is having a positive effect on our mood, I don't know. What I do know is that the event brings so much industry and income to the village and surrounding area, provides seasonal work for local people and keeps our school and local charity purses topped up for during hard financial times.

Yes, we have the occasional over-imbiber who sabotages the tannoy systems, keeping us up for hours through the night (!), yes, we have the 2am serenade on our doorsteps as visitors stagger their way back to their beds, yes, the parking is dubious at best but hey! It is Grand Prix and we didn't move within spitting distance of an international race circuit without being aware of the occasional disruptive weekend. So liven up people and let's make the most of it while we can!



## Nice doing business!

*Local businesses and services listing*

### **Bowen4Balance - Sarah McConnell, Dip COT, Cert ECBS, CNHC, MFHT**

#### **Bowen Therapy**

Gently restores and rebalances the whole body. Helpful for a wide variety of problems including; back, neck and shoulder complaints, knee problems, sports injuries, tennis elbow, CFS/ME, Fibromyalgia, digestive issues etc.

#### **Dorn Therapy**

A gentle and safe manual therapy used for treating back and neck problems. Dorn is used to correct misalignments of the spine. Also combines Breuss spinal massage and simple exercises to maintain alignment.

**Both techniques can be used together very effectively.**

Call for an appointment on 07895 069 160 or email  
sarah.mcconnell@bowen4balance.co.uk  
To learn more, visit [www.bowen4balance.co.uk](http://www.bowen4balance.co.uk)

\*\*\*\*\*

### **TuttTutt Pup Sitting Service**

*For all your four legged friends*

Dog walking, pop-ins, overnights and sitting.

See advert in this edition.

Contact Sophie Purr on 07739 916145 or find me on Facebook @tuttuttpup

\*\*\*\*\*

### **Silverstone Nails & Beauty**

Silverstone Nails & Beauty established in 2017 is a small family business which is run from home situated in the heart of Silverstone village.

After living in the village for over 3 years Fiona Morgan recognised, after conversations with local villagers and business owners the need for premium quality, healthy & natural beauty treatments locally.

Fiona has over 10 years experience in nail & beauty treatments and has also held Senior Customer Service Roles in a number of large corporate organisations so understands what good service and customer experience is all about!

Silverstone Nails & Beauty offers the world's leading nail care brand Bio Sculpture, which not only makes your nails (hands or feet) look beautiful and lasts for over 4 weeks, it treats and helps protect and enhance your own natural nail with no damage or dehydration.

Fiona is looking to extend her range of treatments to include Highly Defined Eyebrows and the leading brand LVL eyelashes... again enhancing your own natural beauty - these will be coming in the Autumn.

For an appointment either message via Facebook "Silverstone Nails" or text or telephone 07769 698252.

For a limited time, Fiona is offering a 20% discount off your first treatment on mentioning Silverstone News & Views.

\*\*\*\*\*

## **White Horse Public House**

You will all be aware by now that the White Horse is under new management. Steve and Cheryl are a little tied up at the moment with the Grand Prix but hope to send something for a future edition soon. Meanwhile.... keep an eye on their Facebook page, website and the Silverstone Community Facebook page for news about promotions and events including Quiz Night, Steak Night and more!

\*\*\*\*\*



# **Yoga**

***Thurs 1:45 - 3pm, Silverstone Church Rooms***

For people all ages looking for gentle exercise

Improve flexibility, strength, balance and focus

Suitable for all, poses adapted to individual needs

***Perfect to relax and de-stress***

***Beginners welcome***

Silverstone Church Rooms: Tues 10 - 11:30am/Pattishall Parish Hall: Tues 1 - 2:30pm

Tues class £8, Thurs class £7 Fully qualified teacher

Call Vivien on 07941 547160 or email@vivienduggan.com

## Update regarding planning appeal

The appeal against the refusal of planning permission for 30 homes on Church Street has been dismissed. This means that the refusal still stands.

## Silverstone Neighbourhood Watch

Alerts and reports are all online now.

Visit <https://member-registration.neighbourhoodalert.co.uk/20/join> and join Silverstone (S42) to receive them directly to your inbox.

*Silverstone News & Views* is funded by Silverstone Parish Council and delivered free to 99% of the houses in the village. The few outlying residents outside the main village confines, are able to pick up a free copy from Crofts Stores.

### **Editorial Content**

Annie Rickard, 58 High Street, Silverstone, NN12 8US. Tel 858371  
[Annie.rickard@yahoo.co.uk](mailto:Annie.rickard@yahoo.co.uk)

Pat Daly, 21 Hillside Avenue, Silverstone, NN12 8UR. Tel 857067  
[Daly.verdala@btinternet.com](mailto:Daly.verdala@btinternet.com)

Rosanne Marriott, 23 High Street, Silverstone, NN12 8US. Tel 856752  
[rosanne@silverstonedesignsolutions.com](mailto:rosanne@silverstonedesignsolutions.com)

### **Distribution**

Phil Reddall, 2 Walnut Close, Silverstone, NN12 8TU. Tel 857938  
[Phil.reddall@gmail.com](mailto:Phil.reddall@gmail.com)

News & Views is published 6 times a year, in February, April, June, August, October and December. Copy date ideally by 15th of preceding month.

### **Deadline for October Edition – 15th September 2017**

### **Advertising Rates 2017.**

	<b>Parish based voluntary organisations</b>	<b>Parish based businesses &amp; outside voluntary organisations</b>	<b>Non-Parish based businesses</b>
Full page	£18	£30	£40
Half page	£10	£20	£30
1/3 page	£8	£15	£25
1/4 page	£6	£12	£20

All prices are per issue. Bulk buy 6 editions in advance and only pay for five. All advertisements are invoiced and settlement is required before cut off.  
Contact Annie for more information.